



Don't forget to eat your vegetables.

Red Oak Community School District Middle School Menu

Fresh Vegetable Choices and Seasonal Fruit are offered Daily on the Fruit & Vegetable Bar

April 2018

2 MONDAY

- Classic Cafe** Pancakes, Sausage Patty, Hashbrown Potatoes
- Diner Station** Maxx Sticks
- Grab and Go** Double Decker PB & J Sandwich

3 TUESDAY

- Classic Cafe** Scalloped Potatoes & Ham, Whole Grain Dinner Roll
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Taco Pizza
- Grab and Go** Turkey BLT Wrap

4 WEDNESDAY

- Classic Cafe** Soft Beef Tacos, Lettuce, Tomato, Cheese, Mexican Brown Rice
- Diner Station** Crispy Chicken Nuggets
- Grab and Go** Turkey Deli Sandwich

5 THURSDAY

- Classic Cafe** BBQ Chicken on Ciabatta, Baked Beans
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza
- Grab and Go** Crispy Chicken Wrap

6 FRIDAY

- Classic Cafe** Chicken Philly Sandwich, Broccoli Salad
- Diner Station** Roasted Hot Dog on a Bun
- Grab and Go** Double Decker PB & J Sandwich

EXTRA INFO



Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.

Entrée Salads are served with Dinner Roll.

For questions or comments, contact Mindy Riibe at 712-621-0042

Menus are subject to change without notice. This institution is an equal opportunity provider.





Don't forget to eat your vegetables.

Red Oak Community School District Middle School Menu

Fresh Vegetable Choices and Seasonal Fruit are offered Daily on the Fruit & Vegetable Bar

April 2018

9 MONDAY

- Classic Cafe** Chicken Fried Rice, Snow Peas, Bread Stick
- Diner Station** Maxx Sticks
- Grab and Go** Chicken Caesar Wrap

10 TUESDAY

- Classic Cafe** Roasted Hot Dog on a Bun, Potato Wedges, French Bread
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Beef
- Grab and Go** Turkey Deli Sub Sandwich

11 WEDNESDAY

- Classic Cafe** Carnita Nachos, Mexican Street Corn, Refried Beans
- Diner Station** Spicy Chicken Patty on Bun
- Grab and Go** Turkey & Cheese Pinwheel

12 THURSDAY

- Classic Cafe** Chicken Bacon Ranch Melt on Ciabatta, Homemade Chicken Noodle Soup, Chocolate Chip Cookies
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Pizza
- Grab and Go** Double Decker PB & J Sandwich

13 FRIDAY

- Classic Cafe** Italian Meatball Sub, Roasted Broccoli
- Diner Station** BBQ Rib Sandwich
- Grab and Go** Turkey BLT Wrap

EXTRA INFO

Harvest of the Month



Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.

Entrée Salads are served with Dinner Roll.

For questions or comments, contact Mindy Riibe at 712-621-0042

Menus are subject to change without notice. This institution is an equal opportunity provider.





Don't forget to eat your vegetables.

Red Oak Community School District Middle School Menu

Fresh Vegetable Choices and Seasonal Fruit are offered Daily on the Fruit & Vegetable Bar

April 2018

16

MONDAY

Classic Cafe Chicken Crispito, Homemade Nacho Cheese Sauce, Corn

Diner Station Popcorn Chicken

Grab and Go Turkey Deli Sandwich

19

THURSDAY

Classic Cafe Hot Turkey & Cheese Panini, Scalloped Potatoes

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Chicken Alfredo Pizza

Grab and Go Double Decker PB & J Sandwich

17

TUESDAY

Classic Cafe Sloppy Joe on a Bun, Green Beans

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Sausage Pizza

Grab and Go Crispy Chicken Wrap

20

FRIDAY

Classic Cafe Turkey BLT Flatbread, Peas & Carrots

Diner Station Corn Dog

Grab and Go Crispy Chicken Wrap

18

WEDNESDAY

Classic Cafe Pasta with Meat Sauce, Garlic Breadstick, Garden Salad, Rice Krispie Treat

Diner Station Cheeseburger on Bun

Grab and Go Chicken Caesar Wrap

EXTRA INFO

Harvest of the Month 



Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.

Entrée Salads are served with Dinner Roll.

For questions or comments, contact Mindy Riibe at 712-621-0042

Menus are subject to change without notice. This institution is an equal opportunity provider.





Don't forget to eat your vegetables.

Red Oak Community School District Middle School Menu

Fresh Vegetable Choices and Seasonal Fruit are offered Daily on the Fruit & Vegetable Bar

April 2018

23

MONDAY

- Classic Cafe** Chicken Tender Basket, Kettle Potato Chips, Bread Stick, Sugar Cookie
- Diner Station** Chicken Crispito
- Grab and Go** Turkey Deli Sub Sandwich

26

THURSDAY

- Classic Cafe** Ham & Tator Tot Breakfast Bake, Cinnamon Roll
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Cheeseburger Pizza
- Grab and Go** Turkey Deli Sandwich

24

TUESDAY

- Classic Cafe** Italian Meatballs & Bread Bowl, Kale Salad
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Grab and Go** Double Decker PB & J Sandwich

27

FRIDAY

- Classic Cafe** Meatloaf, Mashed Potatoes, Mini Rice Krispie Treat
- Diner Station** Roasted Hot Dog on a Bun
- Grab and Go** Turkey & Cheese Pinwheel

25

WEDNESDAY

- Classic Cafe** Pulled Pork on Pretzel Bun, Lemon Garbanzo Bean Salad
- Diner Station** Hamburger on a Bun
- Grab and Go** Turkey BLT Wrap

EXTRA INFO



Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.

Entrée Salads are served with Dinner Roll.

For questions or comments, contact Mindy Riibe at 712-621-0042

Menus are subject to change without notice. This institution is an equal opportunity provider.





Don't forget to eat your vegetables.

Red Oak Community School District Middle School Menu

Fresh Vegetable Choices and Seasonal Fruit are offered Daily on the Fruit & Vegetable Bar

April 2018

30

MONDAY

Classic Cafe Pancakes, Strawberry Topping, Scrambled Egg, Breakfast Potato Casserole

Diner Station Chicken Crispito

Grab and Go Double Decker PB & J Sandwich

3

THURSDAY

1

TUESDAY

4

FRIDAY

2

WEDNESDAY

EXTRA INFO

Harvest of the Month



Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.

Entrée Salads are served with Dinner Roll.

For questions or comments, contact Mindy Riibe at 712-621-0042

Menus are subject to change without notice. This institution is an equal opportunity provider.

